

Curling Etiquette

- The game should begin and end with a handshake and introductions if necessary.
- While your opponent is delivering a rock, curlers should stand stationary behind the hack or above the hog line.
- Always be ready to throw when it is your turn.
- Do not move your opponent's rocks out to the front of the hack let them choose their own rock.
- After sweeping a rock, sweepers should return to the other end by walking along the edge of their sheet. Sweepers should stand off to the side, between the hog lines. Never walk or run across the ice when an opponent is in the hack.
- Only the Skip and Vice are allowed behind the house while the opponent is throwing and they must stand still and remain quiet.
- You should congratulate your opponent for a good shot but never say anything to intimidate her/him.
- When the end is completed, Seconds and Leads should stay out of the house until the Vices have agreed on the count. Once decided, others may help clear the rocks.
- Be careful not to hit other curlers when pushing rocks into the corners.
- Notify your Skip prior to game time if you are unable to curl the scheduled game and attempt to find a spare.
- Keep the ice clean the shoes you wear for curling should only be used for curling. Sand and grit from street shoes can ruin the ice surface.
- Unless otherwise permitted, rocks should not be thrown on a sheet prior to the start of a league game (i.e., after the ice surface has been prepared for play).
- Curlers should adhere to the True Sport Principles and demonstrate good sportsmanship at all times.

Dated: 25 June 2024